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Souderton Area School District

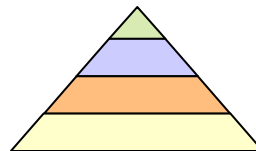
Food Service

The Souderton Area School District **Food Service Department** is proud to serve students and staff members by offering well-balanced breakfasts and lunches. By providing fresh fruits and vegetables, low fat and low sodium entrées, and a wide variety nutritious snacks, beverages, and milk, we meet all the federal and state guidelines for the nutritional needs of our students.



*This pamphlet is a publication of the
SASD Food Service Department*

Breakfast is served daily in all our buildings and costs only \$1.10. Serving times may vary at each building. If you qualify for **Free & Reduced** lunches, you also qualify for **Free & Reduced** breakfast! Reduced Breakfast costs \$.30 & Free Breakfast is free.



Food Service Information on the Web

Please visit our Web site for information about:

- Point of Sale
- Menus
- Free & Reduced Price Meals
- Free & Reduced Price Meals Application
- My Lunch Money
- Birthday Baskets
- Class Trip Bag Lunches
- WISE SNAC—Building a Healthier SASD

<http://www.soudertonsd.org/parents-students/services/foodservice/>

Lunch Prices for 2011-2012

Elementary	\$2.30
Middle Schools	\$2.55
Senior High	\$2.90

Breakfast Prices for 2011-2012

All Elementary and Secondary Schools
\$1.10

Milk: \$.50

(a la carte only, included with meal purchase)

MENUS

Monthly menus are distributed to all elementary students. In addition, students are offered other entree items as well as assorted salads, soups, juices, desserts and milk. A variety of a la carte items may be purchased for an additional cost. Menus may be viewed on the SASD website.

Applications are available in all school offices and the District Office to apply for **free or reduced price meals** if parents/guardians meet federal guidelines.

The Souderton Food Service Department offers a new and easy way to manage your child's lunch account called **myLunchMoney.com**.



Decide if you want your child to purchase snacks. Monitor what your child is purchasing. Place a monetary limit for your child to spend per day on breakfast, lunch, and snacks. Your child will never lose your check or cash on the way to school again!

Simply sign up for **myLunchMoney.com**. Your child's ID number is available by calling the school that your child attends; speak either to the attendance secretary or ask for the cafeteria manager. A credit/debit fee of \$1.95 is charged each time money is placed on your child's account.



An important aspect of the educational day is the **School Lunch Program**. The Food Service Department provides students with nutritionally balanced, well-prepared meals at a low cost which are planned to meet one-third of the Recommended Dietary Allowance (RDA).

Conscious of the importance of decreasing fat, sugar, and salt in school lunches and implementing the Dietary Guidelines for Americans, more fresh fruits, vegetables, and high fiber foods have been included in the daily food choices.

A **breakfast program** is available at all schools allowing students to purchase breakfast before the start of the school day.



The Food Service Department has an automated computerized meal accountability system in the cafeterias called POINT OF SALE (POS). This permits money to be deposited into a student account for the purchase of lunches and **eliminates the need for students to carry cash on a daily basis**. Reduction in the use of cash eliminates lost or forgotten cash and permits the students to be served with greater efficiency when they reach the cashiers. An added benefit is that students are no longer able to give other students cash, whether the situation involves "bullying" or a friendly interaction.

Offered again this year for parents/guardians of students is **Classroom Birthday Baskets** (for elementary students only) and **Class Trip Bag Lunches**. Your school Food Service staff is available to assemble a birthday treat of your choice, delivered to your child's classroom in a basket to celebrate his/her special day. Also available are bagged lunches for class trips. Both forms are on the SASD website.

CASHLESS CHECKOUTS

*Point of Sale in the high school will require that money be deposited to your student's account **before** serving time.*

No payments will be accepted during breakfast and/or lunch.



Options for making deposits to your child's account:

- *myLunchMoney.com
- *Cash or check (given to the cafeteria staff in the morning)
- *Kiosks located throughout the high school

BONUS BUCKS



For every \$10.00 you deposit in your child's lunch account, an additional \$1.00 will be added to the account.

Any negative balance as of 7/1/11 will not receive Bonus Bucks.

Available in September and October only!