

# FEBRUARY, 2010 ELEMENTARY MENU

A recipe for excellence - A healthy breakfast and lunch  
**A complete meal includes: One Entrée, Three Sides and Milk**  
 Daily Milk Choices: Fat Free, 1% White, 1% Chocolate & 1% Strawberry



**MEAL PRICES**  
 Student Breakfast \$1.00  
 Student Lunch \$2.00  
 Adult Lunch \$3.75

	2/1/2010	2/2/2010	2/3/2010	2/4/2010	2/5/2010
<b>ENTRÉE</b> <b>SELECT ONE</b>	<b>A</b> Bacon Cheeseburger on Bun <b>B</b> Chicken Nuggets w/Soft Pretzel <b>C</b> Yogurt, Bagel w/ Sunbutter <b>D</b> Stuffed Crust Pizza <b>V</b> Grilled Cheese Sandwich	<b>A</b> Rib BQ on Bun <b>B</b> Hot Dog on Bun <b>C</b> Sausage, Bagel & Cheese Stick <b>D</b> 5" Round Pizza <b>V</b> Veggie Plate w/ Cheese Bosco Stick	<b>A</b> Hot Pork BBQ Sandwich <b>B</b> Hip Dipper Chicken Patty on Roll <b>C</b> Yogurt, Bagel w/ Sunbutter <b>D</b> Twisted Edge Pizza <b>V</b> Fresh Veggie Salad w/ Bagel & Cheese Stick	<b>A</b> Breaded Chicken w/ Fresh Baked Roll <b>B</b> Cheeseburger on Bun <b>C</b> Sausage, Bagel & Cheese Stick <b>D</b> Big Daddy's Pizza <b>V</b> Cheese & Veggie Wrap	<b>A</b> Meatball Parmesan Hoagie <b>B</b> Breaded Mozzarella Sticks w/ Sauce <b>C</b> Yogurt, Bagel w/ Sunbutter <b>D</b> Mgrs. Choice of Pizza <b>V</b> Fruit Yogurt Parfait w/ Cereal Topper
<b>SIDES - SELECT THREE</b>	Green Beans Applesauce Mgr's Choice of Soup w/ Saltines Fresh Veggies w/ Dip Fresh Garden Salad Assorted Fresh Fruit & 100% Juice	Baked Beans Frozen Fruit Popsicle Mgr's Choice of Soup w/ Saltines Fresh Veggies w/ Dip Fresh Garden Salad Assorted Fresh Fruit & 100% Juice	Mashed Potatoes Fresh Red Grapes Mgr's Choice of Soup w/ Saltines Fresh Veggies w/ Dip Fresh Garden Salad Assorted Fresh Fruit & 100% Juice	Seasoned Corn Fresh Baked Cookie Mgr's Choice of Soup w/ Saltines Fresh Veggies w/ Dip Fresh Garden Salad Assorted Fresh Fruit & 100% Juice	Brussels Sprouts w/ Cheese Sauce Sliced Peaches & Green Grapes Mgr's Choice of Soup w/ Saltines Fresh Veggies w/ Dip Fresh Garden Salad Assorted Fresh Fruit & 100% Juice
	2/8/2010	2/9/2010	2/10/2010	2/11/2010	2/12/2010
<b>ENTRÉE</b> <b>SELECT ONE</b>	<b>A</b> Hot Ham & Cheese on Pretzel Bun <b>B</b> Chicken Nuggets w/ Soft Pretzel <b>C</b> Yogurt, Bagel w/ Sunbutter <b>D</b> Stuffed Crust Pizza <b>V</b> Grilled Cheese Sandwich	<b>A</b> Hot Turkey Sandwich w/ Gravy <b>B</b> Hot Dog on Bun <b>C</b> Sausage, Bagel & Cheese Stick <b>D</b> 5" Round Pizza <b>V</b> Veggie Plate w/ Cheese Bosco Stick	<b>A</b> Scrambled Eggs & Sausage w/ Warm Biscuit <b>B</b> Hip Dipper Chicken Patty on Roll <b>C</b> Yogurt, Bagel w/ Sunbutter <b>D</b> Twisted Edge Pizza <b>V</b> Fresh Veggie Salad w/ Bagel & Cheese Stick	<b>A</b> Spaghetti & Meatballs w/ Warm Roll <b>B</b> Cheeseburger on Bun <b>C</b> Sausage, Bagel & Cheese Stick <b>D</b> Big Daddy's Pizza <b>V</b> Cheese & Veggie Wrap	<b>A</b> Popcorn Chicken w/ Rice & Egg Roll <b>B</b> Breaded Mozzarella Sticks w/ Sauce <b>C</b> Yogurt, Bagel w/Sunbutter <b>D</b> Mgrs. Choice of Pizza <b>V</b> Fruit Yogurt Parfait w/Cereal Topper
<b>SIDES - SELECT THREE</b>	Green Peas Warm Apple Slices Mgr's Choice of Soup w/ Saltines Fresh Veggies w/ Dip Fresh Garden Salad Assorted Fresh Fruit & 100% Juice	Seasoned Corn Sliced Peaches Mgr's Choice of Soup w/ Saltines Fresh Veggies w/ Dip Fresh Garden Salad Assorted Fresh Fruit & 100% Juice	Hash Brown Potatoes Fresh Orange Wedges Mgr's Choice of Soup w/ Saltines Fresh Veggies w/ Dip Fresh Garden Salad Assorted Fresh Fruit & 100% Juice	Green Beans Valentine Cookie Mgr's Choice of Soup w/ Saltines Fresh Veggies w/ Dip Fresh Garden Salad Assorted Fresh Fruit & 100% Juice	Candied Carrots Pineapple Chunks & Fortune Cookie Mgr's Choice of Soup w/ Saltines Fresh Veggies w/ Dip Fresh Garden Salad Assorted Fresh Fruit & 100% Juice
	2/15/2010	2/16/2010	2/17/2010	2/18/2010	2/19/2010
<b>ENTRÉE</b> <b>SELECT ONE</b>	<b>No School For Students</b> <b>DOMINO'S PIZZA</b> EMC 2/2 2/16 Franconia 2/11 2/18 L. Salford 2/9 2/23	<b>A</b> Baked Fish Nuggets w/ Bread Stick <b>B</b> Hot Dog on Bun <b>C</b> Sausage, Bagel & Cheese Stick <b>D</b> 5" Round Pizza <b>V</b> Veggie Plate w/ Cheese Bosco Stick	<b>A</b> Macaroni and Cheese w/ Roll <b>B</b> Hip Dipper Chicken Patty on Roll <b>C</b> Yogurt, Bagel w/ Sunbutter <b>D</b> Twisted Edge Pizza <b>V</b> Fresh Veggie Salad w/ Bagel & Cheese Stick	<b>A</b> Roast Turkey & Stuffing w/ Gravy <b>B</b> Cheeseburger on Bun <b>C</b> Sausage, Bagel & Cheese Stick <b>D</b> Big Daddy's Pizza <b>V</b> Cheese & Veggie Wrap	<b>A</b> Hot Chipped Ham BBQ on Bun <b>B</b> Breaded Mozzarella Sticks w/ Sauce <b>C</b> Yogurt, Bagel w/ Sunbutter <b>D</b> Mgrs. Choice of Pizza <b>V</b> Fruit Yogurt Parfait w/ Cereal Topper
<b>SIDES - SELECT THREE</b>	Oak Ridge 2/4 2/25 Salford Hills 2/11 2/18 Vernfield 2/4 2/25 West Broad St. 2/3 2/17 <b>Breakfast is served in all buildings</b> <b>2 Hour Delay Cold Breakfast Only</b>	Baked Waffle Fries Dried Cherrries Mgr's Choice of Soup w/ Saltines Fresh Garden Salad Fresh Veggies w/ Dip Assorted Fresh Fruit & 100% Juice	Stewed Tomatoes Warm Apple Slices Mgr's Choice of Soup w/ Saltines Fresh Garden Salad Fresh Veggies w/ Dip Assorted Fresh Fruit & 100% Juice	Mashed Potatoes Mixed Fruit Mgr's Choice of Soup w/ Saltines Fresh Garden Salad Fresh Veggies w/ Dip Assorted Fresh Fruit & 100% Juice	Baked French Fries Applesauce Mgr's Choice of Soup w/ Saltines Fresh Garden Salad Fresh Veggies w/ Dip Assorted Fresh Fruit & 100% Juice
	2/22/2010	2/23/2010	2/24/2010	2/25/2010	2/26/2010
<b>ENTRÉE</b> <b>SELECT ONE</b>	<b>A</b> Cheese Steak on Roll <b>B</b> Chicken Nuggets w/ Soft Pretzel <b>C</b> Yogurt, Bagel w/ Sunbutter <b>D</b> Stuffed Crust Pizza <b>V</b> Grilled Cheese Sandwich	<b>A</b> Bacon Chicken Cheeseburger on Bun <b>B</b> Hot Dog on Bun <b>C</b> Sausage, Bagel & Cheese Stick <b>D</b> 5" Round Pizza <b>V</b> Veggie Plate w/ Cheese Bosco Stick	<b>A</b> Hot Ham and Cheese Sandwich <b>B</b> Hip Dipper Chicken Patty on Roll <b>C</b> Yogurt, Bagel w/ Sunbutter <b>D</b> Twisted Edge Pizza <b>V</b> Fresh Veggie Salad w/ Bagel & Cheese Stick	<b>A</b> Shredded Pork BBQ on Bun <b>B</b> Cheeseburger on Bun <b>C</b> Sausage, Bagel & Cheese Stick <b>D</b> Big Daddy's Pizza <b>V</b> Cheese & Veggie Wrap	<b>A</b> Turkey, Bacon & Cheese Wrap <b>B</b> Breaded Mozzarella Sticks w/ Sauce <b>C</b> Yogurt, Bagel w/ Sunbutter <b>D</b> Mgrs. Choice of Pizza <b>V</b> Fruit Yogurt Parfait w/Cereal Topper
<b>SIDES - SELECT THREE</b>	Baked Smile French Fries Warm Apple Slices Mgr's Choice of Soup w/ Saltines Fresh Garden Salad Fresh Veggies w/ Dip Assorted Fresh Fruit & 100% Juice	Green Peas Sliced Peaches & Fresh Grapes Mgr's Choice of Soup w/ Saltines Fresh Garden Salad Fresh Veggies w/ Dip Assorted Fresh Fruit & 100% Juice	Candied Carrots Frozen Whole Fruit Pop Mgr's Choice of Soup w/ Saltines Fresh Garden Salad Fresh Veggies w/ Dip Assorted Fresh Fruit & 100% Juice	Baked French Fries Mixed Fruit Mgr's Choice of Soup w/ Saltines Fresh Garden Salad Fresh Veggies w/ Dip Assorted Fresh Fruit & 100% Juice	Assorted Hot Veggies Assorted Fruits Mgr's Choice of Soup w/ Saltines Fresh Garden Salad Fresh Veggies w/ Dip Assorted Fresh Fruit & 100% Juice

All items on this menu are baked or steamed. We do not have or use deep fryers anywhere in the district.

**Menu is subject to change.**