

February, 2012 ELEMENTARY MENU

MEAL PRICES

Student Breakfast \$1.10
Student Lunch \$2.30
Adult Lunch \$4.10

SERVED DAILY - Fresh Veggies & Fruit, Baby Carrots, Peppers, Tomatoes, Salad, Apples & Oranges
Daily Milk Choices: Fat Free, 1% White, 1% Chocolate & 1% Strawberry
Menu subject to change

	1/30/2012	1/31/2012	Sundae Bar 2/1/2012	2/2/2012	2/3/2012
	Choose one:	Choose one:	Choose one:	Choose one:	Choose one:
Meat/	1 Italian Chicken Tenders on a Roll	1 Chicken & Biscuits w/ Gravy	1 Mashed Potato Bowl w/ Meatballs, Corn & Gravy & Roll	1 Tangerine Chicken & Brown Rice	1 Taco w/ Mexican Rice
Meat Alternate & Grains/	2 Hip Dipper Chicken Pattie on Bun	2 Cheeseburger on Bun	2 Oven Roasted Chicken w/ Roll	2 Hamburger on Roll	2 Meatball Parmesan Hoagie
	3 Yogurt & Bagel w/ Sun Butter	3 Chicken Caesar Shaker Salad w/ Roll	3 Bagel & Cheese Stick	3 Sausage, Bagel & Cheese Stick	3 Yogurt & Bagel w/ Sun Butter
Breads	4 Stuffed Crust Pizza	4 Big Daddy's Pizza	4 Chicken Caesar Shaker Salad w/ Roll	4 Fish Sandwich	4 Grilled Cheese Sandwich w/ Tomato Soup
	5V Fruit & Yogurt Parfait w/ Cereal	5V Baked Potato Topped w/ Cheese & Roll	5V Sun Butter & Jelly Sandwich w/Cheese Stick	5V Bosco Cheese Sticks w/ Marinara Sauce	5V Fruit & Yogurt Parfait w/ Cereal
Veggies & Fruit	Choose 2-3: Baked Butter Beans Fresh Romaine Lettuce Salad Fresh Orange Wedges	Choose 2-3: Mashed Potatoes w/ Gravy Fresh Baby Carrots w/ Dip Apple Crisp	Choose 2-3: Seasoned Green Peas & Carrot Coins Fresh Garden Salad Sliced Pears & Red Grapes	Choose 2-3: Steamed Broccoli & Cauliflower Fresh Veggies w/ Dip Sliced Peaches	Choose 2-3: Whole Kernel Corn Fresh Romaine Lettuce Salad Warm Apple Slices
	2/6/2012	Breakfast for Lunch 2/7/2012	2/8/2012	2/9/2012	2/10/2012
	Choose one:	Choose one:	Choose one:	Choose one:	Choose one:
Meat/	1 Pasta & Meatballs w/ Roll	1 Blueberry Pancakes & Sausage Pattie	1 Egg, Ham & Cheese on a Bagel	1 Chili & Beans w/ Corn Muffin	1 Cheesy Pierogies w/ Onions & Dinner Roll
Meat Alternate & Grains/	2 Hip Dipper Chicken Pattie on Bun	2 Cheeseburger on Bun	2 Oven Roasted Chicken w/ Roll	2 Hamburger on Roll	2 Meatball Parmesan Hoagie
	3 Yogurt & Bagel w/ Sun Butter	3 Chicken Caesar Shaker Salad w/ Roll	3 Bagel & Cheese Stick	3 Sausage, Bagel & Cheese Stick	3 Yogurt & Bagel w/ Sun Butter
Breads	4 Stuffed Crust Pizza	4 Big Daddy's Pizza	4 Chicken Caesar Shaker Salad w/ Roll	4 Fish Sandwich	4 Grilled Cheese Sandwich w/ Tomato Soup
	5V Fruit & Yogurt Parfait w/ Cereal	5V Baked Potato Topped w/ Cheese & Roll	5V Sun Butter & Jelly Sandwich w/Cheese Stick	5V Bosco Cheese Sticks w/ Marinara Sauce	5V Fruit & Yogurt Parfait w/ Cereal
Veggies & Fruit	Choose 2-3: Seasoned Green Beans Fresh Broccoli & Cauliflower w/ Dip Sliced Peaches	Choose 2-3: Green Peas Fresh Orange Wedges Warm Apple Slices	Choose 2-3: Baked Potato Rounds Fresh Romaine Lettuce Salad Mixed Fruit	Choose 2-3: Cheesy Brussels Sprouts Fresh Spinach Salad w/ Dressing Applesauce	Choose 2-3: Fresh Grilled Veggies Fresh Garden Salad Sliced Pears w/ Red Grapes
	2/13/2012	Valentines Day 2/14/2012	2/15/2012	2/16/2012	2/17/2012
	Choose one:	Choose one:	Choose one:	Choose one:	NO SCHOOL
Meat /	1 Cheese Steak on Roll	1 Taco w/ Mexican Rice	1 Fish Nuggets & Warm Biscuit	1 Roast Pork & Gravy w/ Dinner Roll	Soup Served Daily with Crackers:
Meat Alternate & Grains/	2 Hip Dipper Chicken Pattie on Bun	2 Cheeseburger on Bun	2 Oven Roasted Chicken w/ Roll	2 Hamburger on Roll	Monday: Chicken Vegetable Soup
	3 Yogurt & Bagel w/ Sun Butter	3 Chicken Caesar Shaker Salad w/ Roll	3 Bagel & Cheese Stick	3 Sausage, Bagel & Cheese Stick	Tuesday: Minestrone Soup
Breads	4 Stuffed Crust Pizza	4 Big Daddy's Pizza	4 Chicken Caesar Shaker Salad w/ Roll	4 Fish Sandwich	Wednesday: Chicken & Veggie Rice Soup
	5V Fruit & Yogurt Parfait w/ Cereal	5V Baked Potato Topped w/ Cheese & Roll	5V Sun Butter & Jelly Sandwich w/Cheese Stick	5V Bosco Cheese Sticks w/ Marinara Sauce	Thursday: Beef Noodle w/ Veggies Soup
Veggies & Fruit	Choose 2-3: Whole Kernel Corn Fresh Romaine Lettuce Salad Sliced Peaches	Choose 2-3: Seasoned Green Beans Fresh Garden Salad Peaches w/ Grapes	Choose 2-3: Baked Butter Beans Seasoned Carrots Baked Apple Crisp	Choose 2-3: Mashed Potatoes w/ Gravy Fresh Veggies w/ Dip Mixed Fruit w/ Fresh Grapes	Friday: Tomato Soup
	2/20/2012	2/21/2012	Breakfast for Lunch 2/22/2012	2/23/2012	2/24/2012
	NO SCHOOL	Choose one:	Choose one:	Choose one:	Choose one:
Meat /	DOMINO'S PIZZA	1 Baked Meatloaf & Gravy w/ Dinner Roll	1 Fluffy Scrambled Eggs w/ Biscuit	1 Baked Chicken Nuggets w/ Warm Biscuit	1 Pasta & Meatballs w/ Roll
Meat Alternate & Grains/	EMC 2/7 2/21	2 Cheeseburger on Bun	2 Oven Roasted Chicken w/ Roll	2 Hamburger on Roll	2 Meatball Parmesan Hoagie
	Franconia 2/9 2/16	3 Chicken Caesar Shaker Salad w/ Roll	3 Bagel & Cheese Stick	3 Sausage, Bagel & Cheese Stick	3 Yogurt & Bagel w/ Sun Butter
Breads	L. Salford 2/14 2/28	4 Big Daddy's Pizza	4 Chicken Caesar Shaker Salad w/ Roll	4 Fish Sandwich	4 Grilled Cheese Sandwich w/ Tomato Soup
	Oak Ridge 2/2 2/23	5V Baked Potato Topped w/ Cheese & Roll	5V Sun Butter & Jelly Sandwich w/Cheese Stick	5V Bosco Cheese Sticks w/ Marinara Sauce	5V Fruit & Yogurt Parfait w/ Cereal
Veggies & Fruit	Salford Hills 2/9 2/16	Choose 2-3: Mashed Potatoes w/ Gravy	Choose 2-3: Baked Potato Wedge	Choose 2-3: Baked Beans	Choose 2-3: Seasoned Green Beans
	Vernfield 2/2 2/23	Fresh Lettuce & Tomato Salad	Fresh Orange Wedges	Assorted Fresh Veggies	Fresh Garden Salad
	West Broad St 2/1 2/15	Mixed Fruit & Fresh Grapes	Baked Cherry Crisp	Applesauce	Sliced Pears & Red Grapes
	Second Slice of Pizza \$1.85				

Ala Carte Prices: Snacks - \$0.25 & \$0.65, Soft Pretzel - \$0.50, String Cheese- \$.50, Entrées - \$1.85, Milk, 4 oz Juice, Water(8 oz) - \$0.50, Extra Fruit or Veggie - \$0.75, Fruit Ices - \$0.65