



# Hello, Superstar!

## We want you on our team at EM Crouthamel!

Make new friends, get your body moving, set and achieve goals at your pace, gain new skills and have TONS of fun.

**Girls on the run**<sup>®</sup>

Are you ready to unlock the superstar that's always been inside of you?

### A GOTR SEASON LOOKS LIKE THIS:

- Your team meets twice a week for eight weeks
- Caring coaches lead fun lessons and games, group discussions, and physical activities
- Each team dreams up and completes a Community Impact Project that helps make the world a better place
- You will cross the finish line with your team in an exciting and joyful 5K!

3rd-5th graders



**Join Girls on the Run and watch your confidence soar!**



#### Season Info

Program fee: \$10-\$205 sliding scale based on financial need

Season: 2/24/25-5/3/25  
Tues/Thur 3:30-5:00PM

Registration opens 1/6 on [gotrpa.org](http://gotrpa.org)

#### Contact

Girls on the Run  
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