10th Grade

SAHS Guidance Newsletter

August 2026

SOUDERTON AREA HIGH SCHOOL

COUNSELORS - (all grades)

Mrs. Kircher (A-Cl)
akircher@soudertonsd.org

Ms. Pichler (Co-Gan)
jpichler@soudertonsd.org

Mrs. Trout (Gao-J)
ntrout@soudertonsd.org

Mrs. Micciche (K-Mc)
jmicciche@soudertonsd.org

Mrs. Hardgrove (Me-P)
khardgrove@soudertonsd.org

Mr. Brown (Q-Sta)
tjbrown@soudertonsd.org

Mr. Glatts (Ste-Z)
dglatts@soudertonsd.org

COLLEGE COUNSELOR

Mr. Overberger (GIEP A-Z)
toverberger@soudertonsd.org

sahs_guidance

MONTGOMERY COUNTY MOBILE CRISIS SUPPORT
1-855-634-HOPE
(1-855-634-4673)
CLICK HERE

WELCOME BACK CLASS OF 2029!

With summer coming to an end, we hope your thoughts are starting to turn to another school year filled with friends, clubs, sports, and activities. Before you know it, we will be welcoming fall and all the school spirit that season brings. For some of you, this will be the year you find your people, take your first AP class, or spend part of your day at NMTCC. Whatever your path, we want to remind you we are here for you and support you.

As part of your sophomore year, students should plan on completing a job shadow. This is a key component of the Pathway 360 program and will play a part in your senior project. There are so many possibilities when it comes to choosing a job shadow and Mr. Darcy, our Career Counselor, will be your go-to. If you have any questions or need guidance finding an appropriate job shadow, Mr. Darcy's office is located in the Student Center or you can email him at mdarcy@soudertonsd.org. More on job shadows in our next newsletter!

We remind students and parents, the high school's Daily Announcements are posted every day on the HIGH SCHOOL WEBSITE. Many clubs, groups, and teams (including Guidance) have their own Instagram and/or Facebook pages. Be sure to follow along with those that interest you so you are always kept up to date.

As you prepare for the new school year and enjoy the last few moments of summer, there are a few important dates to keep in mind:

FIRST DAY OF SCHOOL
9/1

BACK TO SCHOOL NIGHT
For Parents!
9/2
6:30PM-7:30PM

BLACK LIGHT DANCE
9/11
7:00PM-9:00PM

Who is my counselor?

Students With Last Names	Counselor	Counselor Email
A-Cl	Alison Kircher	akircher@soudertonsd.org
Co-Gan	Jennifer Pichler	jpichler@soudertonsd.org
Gao-J	Nickole Trout	ntrout@soudertonsd.org
K-Mc	Jennifer Micciche	jmicchiche@soudertonsd.org
Me-P	Kate Hardgrove	khardgrove@soudertonsd.org
Q-Sta	Tim Brown	tjbrown@soudertonsd.org
Ste-Z	Dan Glatts	dglatts@soudertonsd.org
GIEP A-Z College Counselor	Tom Overberger	toverberger@soudertonsd.org
Administrative Assistant	Dawn Kester	dkester@soudertonsd.org
Administrative Assistant	Susan Mroz	smroz@soudertonsd.org

Mrs. Kircher

Mrs. Pichler

Mrs. Trout

Mrs. Micciche

Mrs. Hardgrove

Mr. Brown

Mr. Glatts

Mr. Overberger

Mrs. Noga

Mr. Klein

9/10 Student Services

The 9/10 Student Services office is located on the Lower Road side of the building, **THIRD FLOOR**. This office houses our 9th grade principal, Mrs. Noga, and our 10th grade dean of students, Mr. Klein. The office is a good resource for students to ask questions and receive additional support in making good decisions.

9th Grade Principal	Michelle Noga	mnoga@soudertonsd.org
10th Grade Dean of Students	Dave Klein	dklein@soudertonsd.org
Administrative Assistant	Wendi Park	wpark@soudertonsd.org

2026-2027 Bell Schedule

STANDARD DAY

RED ZONE 7:25AM - 8:05AM
1st BLOCK 8:12AM - 9:36AM (Attendance taken at 8:12AM)
2nd BLOCK 9:43AM - 11:09AM
3rd BLOCK 11:16AM - 1:14PM
*A LUNCH 11:16AM - 11:46AM
(Class 11:50AM - 1:14PM)
*B LUNCH 12:00PM - 12:30PM
(Class 11:16AM - 11:57AM &
12:33PM - 1:14PM)
*C LUNCH 12:44PM - 1:14PM
(Class 11:16AM - 12:40PM)
4th BLOCK 1:21PM - 2:45PM

MONDAY BLOCK 2.5

RED ZONE 7:25AM - 8:05AM
1st BLOCK 8:12AM - 9:28AM (Attendance taken at 8:12AM)
2nd BLOCK 9:35AM - 10:52AM
5th BLOCK 10:59AM - 11:19AM
3rd BLOCK 11:26AM - 1:21PM
*A LUNCH 11:26AM - 11:56AM
(Class 12:01PM - 1:21PM)
*B LUNCH 12:05PM - 12:35PM
(Class 11:26AM - 12:02PM &
12:38PM - 1:21PM)
*C LUNCH 12:51PM - 1:21PM
(Class 11:26AM - 12:46PM)
4th BLOCK 1:28PM - 2:45PM

You Have...	If your 3rd Block is:
A Lunch	Math, Science, PM NMTCC, ESL, Support Room, McGinley, Newlin, Szatkowski
B Lunch	English, Social Studies, Business, World Language, Dickerson, Maran, Ozeni, Stauffer
C Lunch	Wellness, Study Hall, Tech Ed, Art, FCS, Music, Aronow, Deitsch, Garrett, Lavely, Tirado

*PLEASE NOTE: This schedule is tentative and may change once the school year begins.

High School Breakfast FREE
High School Lunch $3.60

Families, regardless of income, are encouraged to complete and submit a short, confidential Free and Reduced Meal Application. This application needs to be completed each school year. Please visit the Free and Reduced Price Meals section of the Food Services web site to access the online or paper application for the 2026-2027 school year.

Technology

Students will receive their laptops during the first few days of school in 5th block. For computer support, our Tech HUB is available to assist students during school hours and is located in the Student Center on the right hand side. Students can also fill out a Help Desk Ticket Form and a technician will get in touch with the student to resolve the issue. Additional information can be found on the school website HERE.

TECH HUB CAN HELP YOU WITH:
*COMPUTER PICK-UP/RETURN
*HARDWARE ISSUES
*COMPUTER LOGIN
*GOOGLE (PATHWAY MANAGER, SCHOOLOGY, NAVIANCE)

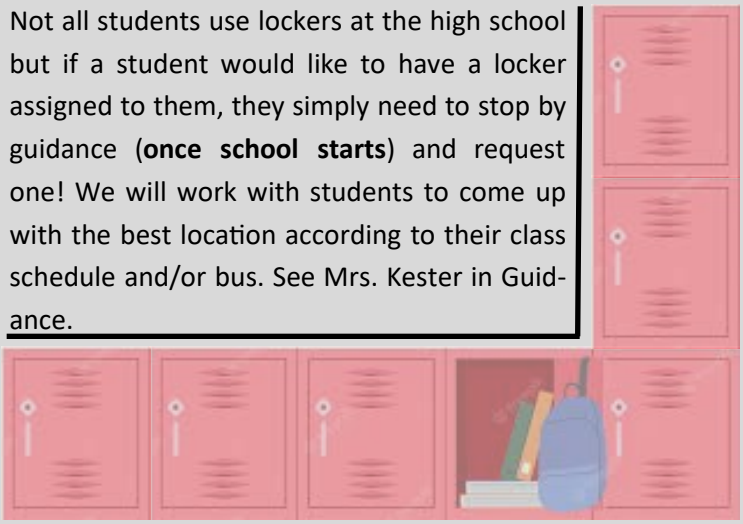
FOR HELP WITH:
*HOME ACCESS - GO TO GUIDANCE OR STUDENT SERVICES

PSAT

The PSAT is a test given to all juniors at SAHS on October 7th. The results of this test can qualify juniors for national merit scholarships. Sophomore students have the opportunity to register to take the PSAT. Why take the PSAT as a sophomore? The results help students identify their academic strengths and weaknesses and help to determine readiness for Advanced Placement courses. For advanced math students, the PSAT is great practice for the SAT since these students have received direct instruction on most math topics on the PSAT. Once a student has taken the PSAT, the student can link his/her score to Khan Academy to get free personalized SAT practice. PSAT registration information will be shared with students and parents via email in early September. PSAT questions can be answered by Mrs. Hardgrove at khardgrove@soudertonsd.org.

Lockers

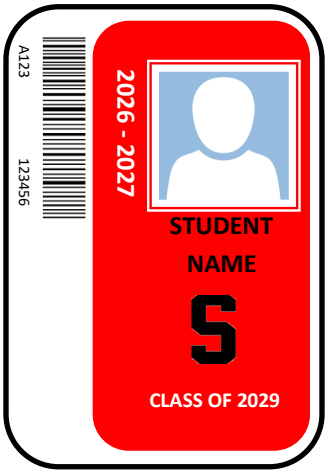
Not all students use lockers at the high school but if a student would like to have a locker assigned to them, they simply need to stop by guidance (**once school starts**) and request one! We will work with students to come up with the best location according to their class schedule and/or bus. See Mrs. Kester in Guidance.



Activities/Clubs

Calling all Sophomores . . . It's not too late to discover something new! With over 70 clubs, there really is something for everyone here at SAHS. Our club fair takes place September 14th, during Block 2.5. If you can't find a club that addresses your interests, start a new one. Stop by 2nd floor student services for more information.

CLICK HERE FOR THE CLUB LIST.



School IDs are needed at the high school! Students use them to sign in when they arrive late, attend dances/events, and buy lunch. They are generated from pictures taken on picture day in the fall.

Even if you do not want to purchase pictures, we ask ALL students to have their picture taken so they will get an ID.

FALL PICTURE DAY: Wednesday, September 9th

FALL PICTURE RETAKES: Tuesday, October 13th

If you lose your ID, please see Mrs. Creachen in the main office.