

# SOUDERTON *Area* SPORTS CAMPS **2023**

**All Camps Held at Souderton Area High School**

**Soccer** July 10-14; July 31-Aug 4

**Field Hockey** June 26-30

**Girl's Basketball** July 31-Aug 4

**Boy's Basketball** June 26-30; July 17-21

**Cheerleading** June 26-30; July 17-21

**Tennis** June 26-30; July 31-Aug 4

**Football** July 24-28

**Volleyball** July 10-14; July 24-28

**Softball** July 10-14

**Track** July 24-28

**Wrestling** July 10-14

**Boy's Lacrosse** July 31-Aug 4

**Rugby** July 17-21

**Girl's Lacrosse** July 17-21

## GENERAL INFORMATION

**Registration:** Two ways to register:

Visit our **ONLINE STORE** at:

<https://soudertoncommed.revtrak.net/sports-camps/>

or mail payment and form to:

Souderton Sports Camps  
c/o Stuart Marjoram  
Souderton Area High School  
625 Lower Road, Souderton, PA 18964

All registrations will be accepted on a first come, first served basis until camp is full. Register early!!

Please make checks payable to: Souderton Area School District

*No deadline for registrations, but you must register by May 31, 2023 to be guaranteed a t-shirt.*

Swimming Pool is available during some camp weeks.

Souderton Athletic Department  
Phone: 215-723-0840  
Fax: 215-799-0760  
Email: smarjoram@soudertonsd.org  
pengard@soudertonsd.org

# Registration form (for all sports camps)

**ONLINE OPTION:** We are pleased to announce a convenient and secure way to register for the Sports Camps ONLINE.  
 Visit our Web Store at:  
<https://soudertoncommmed.revtrak.net/sports-camps/>  
**to register.**

**Or mail check and registration form to:**  
**Souderton Sports Camps**  
**c/o Stuart Marjoram**  
**Souderton Area High School**  
**625 Lower Road, Souderton, PA 18964**

**TOTAL AMOUNT ENCLOSED:** \_\_\_\_\_

I give permission for my child to attend the Souderton Area Sports Camp Program. I accept responsibility of transportation to and from the location. I agree to abide by the program rules, regulations and procedures. In event of injury or illness, I authorize the supervisor to obtain the services of a licensed practitioner if I am unable to be reached. I authorize first aid treatment as needed. I have noted allergies, limitations, medical conditions, and medications. I have given specific instructions as to special medical care for my child in writing before the start of the program. I do not hold the program/District responsible for damage or loss of property personally owned by my child. Furthermore, I assume full responsibility for any damage to person or property caused by my child.

\_\_\_\_\_  
 Parent/Guardian Signature Date

**In case of emergency, please call:**

\_\_\_\_\_  
 Name/Relationship Phone #

**Name:** \_\_\_\_\_ **Age:** \_\_\_\_\_

T-shirt Size: **Adult** XL L M S **Youth** XL L M S (circle one)

<input type="checkbox"/> Boy's BB 1	<input type="checkbox"/> Girl's BB	<input type="checkbox"/> Tennis 1	<input type="checkbox"/> Soccer 1	<input type="checkbox"/> Volleyball 1
<input type="checkbox"/> Boy's BB 2	<input type="checkbox"/> Softball	<input type="checkbox"/> Tennis 2	<input type="checkbox"/> Soccer 2	<input type="checkbox"/> Volleyball 2
<input type="checkbox"/> Cheer 1	<input type="checkbox"/> Track Camp	<input type="checkbox"/> Football	<input type="checkbox"/> Boy's LaX	<input type="checkbox"/> Rugby
<input type="checkbox"/> Cheer 2	<input type="checkbox"/> Field Hockey		<input type="checkbox"/> Wrestling	<input type="checkbox"/> Girl's LaX

**Name:** \_\_\_\_\_ **Age:** \_\_\_\_\_

T-shirt Size: **Adult** XL L M S **Youth** XL L M S (circle one)

<input type="checkbox"/> Boy's BB 1	<input type="checkbox"/> Girl's BB	<input type="checkbox"/> Tennis 1	<input type="checkbox"/> Soccer 1	<input type="checkbox"/> Volleyball 1
<input type="checkbox"/> Boy's BB 2	<input type="checkbox"/> Softball	<input type="checkbox"/> Tennis 2	<input type="checkbox"/> Soccer 2	<input type="checkbox"/> Volleyball 2
<input type="checkbox"/> Cheer 1	<input type="checkbox"/> Track Camp	<input type="checkbox"/> Football	<input type="checkbox"/> Boy's LaX	<input type="checkbox"/> Rugby
<input type="checkbox"/> Cheer 2	<input type="checkbox"/> Field Hockey		<input type="checkbox"/> Wrestling	<input type="checkbox"/> Girl's LaX

**Name:** \_\_\_\_\_ **Age:** \_\_\_\_\_

T-shirt Size: **Adult** XL L M S **Youth** XL L M S (circle one)

<input type="checkbox"/> Boy's BB 1	<input type="checkbox"/> Girl's BB	<input type="checkbox"/> Tennis 1	<input type="checkbox"/> Soccer 1	<input type="checkbox"/> Volleyball 1
<input type="checkbox"/> Boy's BB 2	<input type="checkbox"/> Softball	<input type="checkbox"/> Tennis 2	<input type="checkbox"/> Soccer 2	<input type="checkbox"/> Volleyball 2
<input type="checkbox"/> Cheer 1	<input type="checkbox"/> Track Camp	<input type="checkbox"/> Football	<input type="checkbox"/> Boy's LaX	<input type="checkbox"/> Rugby
<input type="checkbox"/> Cheer 2	<input type="checkbox"/> Field Hockey		<input type="checkbox"/> Wrestling	<input type="checkbox"/> Girl's LaX

**Name:** \_\_\_\_\_ **Age:** \_\_\_\_\_

T-shirt Size: **Adult** XL L M S **Youth** XL L M S (circle one)

<input type="checkbox"/> Boy's BB 1	<input type="checkbox"/> Girl's BB	<input type="checkbox"/> Tennis 1	<input type="checkbox"/> Soccer 1	<input type="checkbox"/> Volleyball 1
<input type="checkbox"/> Boy's BB 2	<input type="checkbox"/> Softball	<input type="checkbox"/> Tennis 2	<input type="checkbox"/> Soccer 2	<input type="checkbox"/> Volleyball 2
<input type="checkbox"/> Cheer 1	<input type="checkbox"/> Track Camp	<input type="checkbox"/> Football	<input type="checkbox"/> Boy's LaX	<input type="checkbox"/> Rugby
<input type="checkbox"/> Cheer 2	<input type="checkbox"/> Field Hockey		<input type="checkbox"/> Wrestling	<input type="checkbox"/> Girl's LaX

Parent Name: \_\_\_\_\_

Address: \_\_\_\_\_

Email Address: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work/Cell Phone: \_\_\_\_\_

Where did you hear about our Sports Camps?

## **SOUDERTON AREA SOCCER CAMP**

July 10-14 & July 31-Aug 4 • 9am-3pm

Ages 5-14

**Cost: \$205**



### **ABOUT THE CAMP:**

Campers will develop and practice skills through drills & playing time.

Campers will be grouped according to ability and age.

They will learn basic skills in a fun and cooperative environment.

### **CAMP STAFF:**

Director Ian Smith is the Girls' Varsity Head Coach at SAHS. From 2017-2019 he was the Assistant Head Coach for the girls' team. He also coached youth teams for Souderton Intramural Soccer League, as well as for kids sports camps, such as Champion Child Sports. Ian is also a teacher in the Souderton Area School District.

### **WHAT TO BRING:**

- ✓ Soccer Ball
- ✓ Soccer Cleats or Turf Shoes
- ✓ SNEAKERS
- ✓ Shin Guards
- ✓ Water Bottle, Sunscreen
- ✓ Bathing Suit and Towel

### **WHAT YOU WILL RECEIVE:**

T-shirt, Lunch, Soccer Ball

## **SOUDERTON AREA TRACK CAMP**

July 24-28 • 9am-3pm Age 7-13

**Cost: \$190**

### **ABOUT THE CAMP:**

Track and field includes a diverse range of events that campers will learn throughout the week. A few of these events include: long jump, triple jump, high jump, shot put, javelin, hurdles, relays, sprinting, and distance events. Form, running related drills, and running related strengthening will be an important component of the camp. In addition to learning and exploring the world of track and field, campers will also have opportunities to enjoy playing games with their peers throughout the week.

### **CAMP STAFF:**

David Klein has been Souderton's head varsity girls cross country coach for the past 6 years. He has also been the track and field assistant girls coach for the past 7 years. In that time, the girls 5k, mile, and 2 mile school records were set. Prior to working as a social studies teacher and coach at Souderton, David ran cross country, indoor and outdoor track in high school and college. In high school he competed at the state level, and in college he competed at the national level. After college, he remained an active runner and recently qualified for the Boston Marathon. He prioritizes creating positive relationships with students, and providing an environment that allows for the sport to become a passion.

### **WHAT TO BRING:**

- ✓ Appropriate shoes for running
- ✓ Water Bottle
- ✓ Towel
- ✓ Snack
- ✓ Bathing Suit

### **WHAT YOU WILL RECEIVE:**

T-shirt, Lunch



## **SOUDERTON AREA SOFTBALL CAMP**

July 10-14 • 9am-3pm • Age 5-14

**Cost: \$205**

### **ABOUT THE CAMP:**

Provides quality instruction and training at top notch facilities for all levels of campers.

### **CAMP STAFF:**

Coach Atkinson is a former High School and College Softball Player. She has coached numerous Travel softball teams for more than 15 years. She also coached at the College and Middle School level before serving as the Souderton High School head coach for 3 years.

Coach Doug Souder played baseball at the semi-pro level after high school and managed a semi-pro baseball team for 5 years. After that he played fast-pitch softball for 6 years before deciding to coach rec and travel teams. He is now going on 6 years of coaching at that level and is also the JV Coach for Souderton Area High School for the past 4 years.

### **WHAT TO BRING:**

- ✓ Glove
- ✓ Bat
- ✓ Cleats
- ✓ Running Shoes
- ✓ Water
- ✓ Bathing Suit and Towel
- ✓ Sunscreen

### **WHAT YOU WILL RECEIVE:**

Camp T-shirt, Lunch, and Awards

## **SOUDERTON AREA FIELD HOCKEY CAMP**

June 26-30 • 9am-3pm **Cost: \$205**



Students entering grades 1-9 for the upcoming school year

### **ABOUT THE CAMP:**

Skills that will be highlighted include agility and movement.

Individual attacking and defensive skills.

Sports psychology related to competitive toughness.

Goalkeeper Training.

### **CAMP STAFF:**

Lauren Whiteside - Coach Whiteside is the former Head Field Hockey coach at Souderton Area High school for 3 years and was the Assistant Varsity Coach 2 years prior to that. Coach Whiteside was also the Assistant Varsity Lacrosse Coach. Prior to coming to Souderton, she has coached at Hatboro-Horsham High School and Lower Moreland High School. Lauren played field hockey at Bloomsburg University and won 2 NCAA Division II National Championships in '02 & '03.

### **WHAT TO BRING:**

- ✓ Mouth Guard
- ✓ Cleats and Sneakers
- ✓ Stick
- ✓ Water Bottle
- ✓ Sunscreen
- ✓ Bathing Suit and Towel
- ✓ Shinguards

### **WHAT YOU WILL RECEIVE:**

Camp T-shirt, Lunch and prizes.



## SOUDERTON AREA

# BOY'S BASKETBALL CAMP

June 26-30 & July 17-21 • 9am-3pm • Age 6-14

**Cost: \$205**

### ABOUT THE CAMP:

The camp devotes individual time and attention to all athletes as well as providing instructions for the "team" game.

Campers will be grouped according to age, maturity, experience, & ability.

We will have top area players and coaches as guest speakers.

The camp features 2 large gyms for teaching stations and games. Olympic size pool with lifeguards on duty.

### CAMP STAFF:

#### WEEK 1

Carter Knight has been coaching basketball at SAHS for five years, serving as the head coach of our junior varsity team and as an assistant coach of our varsity team. Coach Knight grew up in Harleysville and played basketball at SAHS for four years, where he was an integral member of the league champion team in 2013, and served as a captain and earned First-Team All League honors in 2014. Coach Knight went on to study marketing at Penn State University, where he was an active participant in the PSU Club Basketball program, and held several leadership roles in the club throughout his four years in college. Coach Knight has an extreme passion for coaching, and loves teaching kids about leadership, teamwork, and service through basketball.

#### WEEK 2

Okoteh Sackitey will be returning for his second year as the head coach of the varsity boys' basketball team at Souderton High School. He has 8 years of coaching experience at the middle school, high school, and college levels. Coach O also works full time at SAHS as a social studies teacher. He is entering year 7 in the classroom - year 2 at Souderton. He loves making a positive impact on the lives of everyone with whom he has the privilege of working with.

### WHAT TO BRING:

- ✓ Shorts
- ✓ T-shirt
- ✓ Sneakers
- ✓ Bathing Suit and Towel

### WHAT YOU WILL RECEIVE:

Lunch and Camp T-shirt



## SOUDERTON AREA

# VOLLEYBALL CAMP

July 10-14 & July 24-28 • 9am-3pm • Grades 4th-9th

**Cost: \$205**

### ABOUT THE CAMP:

Campers will develop fundamental skills through various drills and competitive play in a fun and positive environment.

Skills taught include: float serve, passing, footwork, hitting, setting, blocking, and transitioning.

Campers will be grouped according to age, maturity, experience, and ability.

### CAMP STAFF:

#### WEEK 1

Cori Watson graduated from SAHS in 2015. After that she attended Penn State Abington and graduated cum laude in the Spring of 2019 with a B.S. in Biology. She's been coaching at SAHS since 2018 and as a Head Coach since 2020. Cori coaches Junior Olympic volleyball and serves as an Assoc. Director at HighLine Volleyball Academy. Before coaching at Souderton she served as a volunteer assistant coach at New Hope Solebury HS, a camp coach at Corpus Christi, and assistant coach at Infinity Volleyball Academy. She's a Double Goal Positive Coaching Alliance certified coach, a CAP I trained coach through USA Volleyball, and two time attendee of Gold Medal Squared coaching clinics.

#### WEEK 2

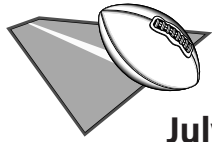
William Cush is currently the Head Junior Varsity/Assistant Boys Volleyball Coach at Souderton Area High School. A Souderton graduate, William was a four-year Varsity letter winner for the Boys Volleyball team when they were 2-time District 1 Champions and 3-time SOL Champions. He has also been the Head Junior Varsity Boys Soccer Coach at Souderton HS for the past 5 years.

### WHAT TO BRING:

- ✓ Sneakers
- ✓ Water
- ✓ Bathing Suit and Towel
- ✓ Knee pads (optional)

### WHAT YOU WILL RECEIVE:

Lunch and Camp T-shirt



## **Souderton Area Football Camp**

July 24-28 • 9am-3pm • Grades 3-10

**Cost: \$205**

### **ABOUT THE CAMP:**

Each camper will compete in numerous flag football competitions  
Expert instruction in an enjoyable environment  
Special emphasis will be placed on the Wing-T Offensive System used by many area high schools and colleges  
Speed Development

### **CAMP STAFF:**

Director Ed Gallagher is the head football coach at SAHS. In 2007 and 2020 he led Souderton to a League Championship. In 2020, he led Souderton to a District One Championship. Coach Gallagher is always assisted by many former and current players.

### **WHAT TO BRING:**

- ✓ Football Cleats
- ✓ Water Jug
- ✓ Bathing Suit and Towel
- ✓ Sunscreen

### **WHAT YOU WILL RECEIVE:**

T-shirt, Lunch, Football Book

**Souderton Area**

## **Girls Basketball Camp**

July 31-Aug 4 • 9am-3pm • Ages 5-13

**Cost: \$205**



### **ABOUT THE CAMP**

Staff will instruct your daughter in the fundamentals of basketball including individual and team skills  
Skills taught include the following: dribbling, passing, catching, shooting, defensive stance, footwork, rebounding and screening

### **CAMP STAFF:**

Director Lynn Carroll is the current head girls basketball coach at SAHS. Lynn has qualified for Districts 12 of the last 13 years, getting to the District Semi-Finals this year! In her playing days at Cheltenham, Lynn was an accomplished All-League Player, who went on to play collegiately at then Holy Family College

### **WHAT TO BRING:**

- ✓ T-shirt
- ✓ Sneakers
- ✓ Water Bottle
- ✓ Bathing Suit and Towel

### **WHAT YOU WILL RECEIVE:**

Camp T-shirt, Lunch



## **Souderton Area Cheerleading Camp**

June 26-30 & July 17-21 • 9am-3pm • Age 5-13

**Cost: \$205**

### **ABOUT THE CAMP**

Quality fun-filled cheerleading instruction.

Learn the fundamentals including motions, jumps, chants, and stunting.

Campers will be grouped by age.

A Cheer Rally will be held on the last day of camp for the parents to see what the girls have learned.

### **CAMP STAFF**

Director Rheanna Long is a former cheerleading coach at Indian Crest Jr. High and Souderton Area High School.

### **OTHER STAFF:**

Brielle Ordog  
Jen Hart  
Elisa Hernandez

### **WHAT TO BRING:**

- ✓ Clothing for inside and outside activities
- ✓ Hair must be off the shoulders and face
- ✓ No jewelry
- ✓ Towel
- ✓ Water Bottle
- ✓ Snack
- ✓ Bathing Suit

### **WHAT YOU WILL RECEIVE:**

T-shirt, Lunch

## **Souderton Area Boy's Lacrosse Camp**

July 31-Aug 4 • 9am-3pm • Grades 1-8

**Cost: \$190**



### **ABOUT THE CAMP:**

The camp's primary goal is to provide an opportunity for players of all ages and skill level to focus on the technical aspects needed to succeed as both an individual and team in lacrosse. The camp will focus on improving the fundamental skills and game knowledge of the individual player and provide additional team concepts for overall team improvement. Players will get hands on instruction from current and former collegiate players and individual attention they need.

### **CAMP STAFF:**

Craig Hunsberger has been coaching with the Souderton Boys Lacrosse team for the past 4 years, 3 years as assistant coach and 1 year as Varsity Head Coach. He attended Pennridge High School where he played 4 years of varsity lacrosse and achieved 2 Suburban One league awards. He played collegiate lacrosse at Widener University and Elizabethtown College where he achieved 2 MAC All-League Honors, along with winning a MAC championship and playing in the NCAA D3 Tournament with Widener University.

### **WHAT TO BRING:**

- |                      |                |                 |
|----------------------|----------------|-----------------|
| ✓ Two Shirts         | ✓ Tennis Shoes | ✓ Shoulder Pads |
| ✓ Shorts             | ✓ Stick        | ✓ Helmet        |
| ✓ Two Pairs of Socks | ✓ Gloves       | ✓ Bathing Suit  |
| ✓ Cleats             | ✓ Arm Pads     | ✓ Towel         |

### **WHAT YOU WILL RECEIVE:**

Lunch & T-shirt

## **Souderton Area Tennis Camp**

June 26-30 & July 31-Aug 4 • 9am-3pm

Age 5-14 **Cost: \$205**



### **ABOUT THE CAMP:**

Campers will be taught the fundamental skills of tennis in a friendly and cooperative environment.

Skills covered include forehand, backhand, ready position, recovery, and scoring.

Campers will be introduced to both singles and doubles, concluding with match play.

The goal of camp is to work on some basic skills of the game that players can use to continue and practice on their own as well as challenge them to continue to improve their strengths. All of this is done while achieving the number one goal: Have fun.

### **CAMP STAFF:**

#### **WEEK 1**

Jim O'Neill has been the head coach of the Souderton Boy's Tennis Team for 3 years. Coach O'Neill currently also coaches Boys' Cross-Country for Souderton. Prior to that Coach O'Neill has coached Track & Field, Football, and basketball at various levels at Souderton High School. O'Neill also served as Camp Director for the Souderton School District Summer Camp Program for three summers and is a Business Education Teacher at the Souderton High School.

#### **WEEK 2**

Josh Myers has coached the Girls Tennis team for 4 years. He's coached every level of player from beginner, to players who have been offered D1 scholarships. SAHS has had 2 girls win the Suburban One League Tournament, and has sent players to both the District and State tournaments. Outside of tennis Josh Myers has taught at Souderton Area High School for 6 years. He graduated from Souderton in 2010 and has been involved in multiple sports all his life.

### **WHAT TO BRING:**

- ✓ Tennis racquet
- ✓ Tennis shoes
- ✓ Water and Snack
- ✓ Bathing Suit & Towel
- ✓ Hat
- ✓ Sunscreen

### **WHAT YOU WILL RECEIVE:**

Lunch and Camp T-shirt

## **Souderton Area Wrestling Camp**

July 10-14 • 9am-3pm Grades 1-7

**Cost: \$185**



### **ABOUT THE CAMP:**

The Souderton Wrestling Camp is designed to improve the athletic and technical skills of those who attend. Athletes will receive instruction in all phases of wrestling from their feet, top, and bottom. Wrestlers will enjoy a wide range of activities to improve strength, speed, and skill levels. Both technique and live wrestling will occur throughout the week.

### **CAMP STAFF:**

Tristan Boyd is former Head Wrestling Coach for Souderton Area High School. He was a 4x Ohio State place finisher and wrestled at Lehigh University for four years. Additional staff will likely include Billy McGinley who is the current Head Coach at Souderton Area High School.

### **WHAT TO BRING:**

- ✓ Wrestling Shoes
- ✓ Running Shoes
- ✓ Head Gear
- ✓ Shorts
- ✓ 2 T-Shirts
- ✓ Bathing Suit
- ✓ Towel

### **WHAT YOU WILL RECEIVE:**

T-shirt, Lunch



## ***Souderton Area*** **RUGBY CAMP**

July 17-21 • 9am-3pm

**Cost: \$175**

### **ABOUT THE CAMP:**

Our Summer rugby camp will focus on having fun, exercise, building teamwork skills and camaraderie through games and lessons stemming from the great rugby sports culture.

### **CAMP STAFF:**

Mike Sciarra is an English teacher at SAHS. He has been playing and coaching rugby for the past 20 years with Montgomery Bucks Rugby Club located in Hatfield, PA. The program, formed in 1988 brings together boys and girls from school districts all across Montgomery and Bucks Counties to participate in rugby teams from: U6 Summer Flag programs up to U19 Boys & Girls teams (High School).

Mike graduated from West Chester University in 2015, where he played in college. He presently continues to play for the Montgomery Bucks Men's program and is currently the Forwards Coach for the U19 Boys team.

### **WHAT TO BRING:**

- ✓ Sneakers
- ✓ Snack
- ✓ Water
- ✓ Sunscreen
- ✓ Bathing suit
- ✓ Towel

### **WHAT YOU WILL RECEIVE:**

T-shirt, Lunch

## ***Souderton Area*** **GIRLS LACROSSE CAMP**

July 17-21 • 9am-3pm • Ages 5-12

**Cost: \$180**

### **ABOUT THE CAMP:**

Campers will learn fundamental skills essential for lacrosse that include: catching, throwing, and shooting. In addition to fundamental skills, campers will engage in fun and competitive drills to teach offensive and defensive concepts. The goal of the camp is to provide a positive experience for campers to learn new skills, develop new connections and grow their love for the game.

### **CAMP STAFF:**

Alicia Stratten  
Current Souderton Girls Head Lacrosse Coach  
Played at Boyertown High School, two time PAC 10 Champion  
East Stroudsburg graduate with a BS in Exercise Science  
2017 Pennsylvania State Athletic Conference Champion  
2018 NCAA Division II Regional Champion  
2018 NCAA Division II Final Four Semifinalist  
Coached for Harleysville Lacrosse Camp for two seasons.  
Also coaches for the Philadelphia Steps Elite program  
Coached for SAGLA

### **WHAT TO BRING:**

- ✓ Sneakers
- ✓ Snack
- ✓ Water
- ✓ Sunscreen
- ✓ Bathing suit
- ✓ Towel

### **WHAT YOU WILL RECEIVE:**

T-shirt, Lunch